



New Beginnings

FELLOWSHIP CHURCH

2015 Fall Fasting Guide Monday, October 5, 2015 - Friday, November 13, 2015 40 Days of Praying and Fasting

Our 40-Day Corporate Fast begins October 5th and goes through November 13th. We will follow the Daniel fast from **6:00am-7:00pm Monday thru Friday** with a break on Saturday and Sunday. Please follow the 6 week prayer focus listed below.

Devote yourself to God by praying and reading His Word at least 30 minutes a day. Work on being Changed, Restored, and Whole. Avoid excessive spending. Do not purchase anything unless it is necessary. Avoid sweets, carbohydrates, caffeine and alcohol during the entire fast. Focus on drinking more water during the fast. Avoid negative conversations and pray over negative issues. Post only positive comments, pictures, and videos on social media.

WEEK 1: Our Church

Take time to pray for our church family, leaders, and ministry workers.

WEEK 2: Our Health

Take time to pray for healthier lifestyles-mental, physical, and spiritual healing.

WEEK 3: Our Family

Take time to pray with and for our families as well as spend quality time with them.

WEEK 4: Our Community

Take time to pray for our local communities.

WEEK 5: Our Country

Take time to pray for the United States and our elected officials.

WEEK 6: Our New Kingdom Projects

Take time to pray for our new building projects here at New B.

Let us come together as a church family during this time of prayer and fasting as we humble ourselves before the Lord...*if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:14*