



**New Beginnings**  
FELLOWSHIP CHURCH

## 2016 SPRING FASTING GUIDE

Wednesday, February 10, 2016 – Sunday, March 20, 2016

**40 DAYS OF PRAYING & FASTING**

**DAILY SCRIPTURE MEDITATIONS**

### DAY 1 – FEBRUARY 10

Father, we pray for strength and power from the Holy Spirit to sustain us in our commitment to this season of prayer and fasting. We declare by faith and works that **2016 is The Year of Kingdom Growth**. Therefore, we pray God on today that You will renew our minds throughout this spiritual journey with You and as a church family so that we may bring glory and honor to Your Mighty Name. (Romans 12, James 2:26)

***God's Prayer Promise:** "We have this confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases him." (1 John 3:21-22)*

### DAY 2 - FEBRUARY 11

Father, we fast and pray today for Pastor James Anthony Jackson, Sr.- that You who began a great work in him, will carry it on until the day of Christ. We thank You for blessing New Beginnings Fellowship Church with a pastor who is highly favored by You. God bless him with Your strength and power to remain committed to the vision You have given to him for Your people and glory. We ask that You will help us to stay focused and committed to the plan You have for New Beginnings Fellowship Church. Let Your Will be done in us as pastor and people.

***God's Prayer Promise:** "Call to me and I will answer you and tell you great and unsearchable things you do not know." (Jeremiah 33:3)*

### DAY 3 - FEBRUARY 12

Father God, we thank You for our awesome First Lady! Lord, please remind Lady Tara - especially on her birthday **March 13th** - that she is loved dearly by her New B Family! We fast and pray that You will bless her for the sacrifices that she consistently makes for us and Your Kingdom. Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised. Reward her for all she has done. Let her deeds publicly declare her praise. (Proverbs 31:30-31) Please continue to grant her peace, patience and protection.

***God's Prayer Promise:** "The man who finds a wife finds a treasure and receives favor from the Lord." (Proverbs 18:22)*

### DAY 4 - FEBRUARY 13

Our prayer as we fast today, is for our staff, ministers and ministry facilitators. We hold them in highest regard because of their work in this ministry and in Your Name. Please bless and keep them as they endeavor to do kingdom work through their many sacrifices and service. Please God bless them for their faithfulness and continue to give them strength for the journey.

***God's Prayer Promise:** "Sacrifice offerings to God, fulfill your vows to the Most High. Call upon me in the day of trouble; I will deliver you, and you will honor me." (Psalm 50:14-15)*



## **DAY 5 - FEBRUARY 14**

Lord God, we earnestly pray for lost souls today in our families and in the community. May we be empowered by the Holy Spirit to spread the gospel of Jesus Christ to those who do not know Him for the forgiveness of their sins. Father, please empower and equip New Beginnings Fellowship Church to lift up the name of Jesus so that all of the world will hear and be saved.

**God's Prayer Promise:** *"But I, when I am lifted up from the earth, I will draw all men to myself." (John 12:32b)*

## **DAY 6 - FEBRUARY 15**

Father God, we fast and pray for the restoration of marriages and families. May each husband love his wife as he loves himself and each wife respect her husband. We ask that you will strengthen husbands and wives so that they will be able to stand against the schemes of the enemy to destroy the unions of marriage you have established.

**God's Prayer Promise:** *". . . and we receive of Him anything we ask, because we obey His commands and do what pleases Him." (1 John 3:22)*

## **DAY 7 - FEBRUARY 16**

We fast and pray today in total thanksgiving. Father God, we give you thanks in all circumstances, because we know that this is your will for us in Christ Jesus. Thank you for every blessing, those seen, and especially those not seen, as we walk by faith and not by sight.

**God's Prayer Promise:** *"You may ask me for anything in my name, and I will do it." (John 14:14)*

## **DAY 8 - FEBRUARY 17**

We fast with Prayers of Confession. I confess my sins today, Father God. I desire to be holy as you are Holy. Please cleanse me and restore me as I confess my sins. Thank You for being faithful, just, forgiving my sins and purifying me from all unrighteousness.

**God's Prayer Promise:** *"If we confess our sins, He is faithful and just and will forgive our sins and purify us from all unrighteousness." (1 John 1:9)*

## **DAY 9 - FEBRUARY 18**

We fast with Prayers of Praise. Father, I praise You today. My heart and mind are fixed on the image of Jesus Christ Who is pure, loving, kind, holy, and gentle. My soul says Hallelujah! Father, I exalt You and praise You; I give You glory, honor and praise for You are so awesome!

**God's Prayer Promise:** *"Where two or three come together in my name, there am I with them." (Matthew 18:20)*

## **DAY 10 - FEBRUARY 19**

We fast with Prayers of Worship. My soul magnifies the Lord!! stand in awe of Your greatness and power. I long for Your presence. I glorify Your Name for You have done great things. I worship You!

**God's Prayer Promise:** *"You did not choose me, but I chose you and appointed you to go and bear fruit - fruit that will last. Then the Father will give you whatever you ask in my name." (John 15:16)*



### **DAY 11 - FEBRUARY 20**

Today we fast and pray with an attitude of gratitude. Father, I thank You for all spiritual gifts, for adopting me as Your own child, forgiving my sins, giving me wisdom, revealing Your will and giving me an inheritance. I thank You for supplying all my needs and for unspeakable joy!

**God's Prayer Promise:** *"Everything is possible for him who believes." (Mark 9:23)*

### **DAY 12 - FEBRUARY 21**

Father, we rest in You today and give you praise, honor and glory. Restore and renew us for this journey of Lent. We pray for unity in the Body of Christ. May New Beginnings Fellowship Church be a church that honors Him.

**God's Prayer Promise:** *"This is the confidence we have in approaching God: that if we ask anything according to His will He hears us. And if we know that he hears us - whatever we ask; we know that we have what we asked of Him." (1 John 5:14-15).*

### **DAY 13 - FEBRUARY 22**

Father, we pray as a church, asking that You will help New Beginnings Fellowship Church be the church You have called for - A House of Prayer. We ask in faith, in the Name of Jesus that You will convict our hearts to pray in the spirit on all occasions, with all kinds of prayers and requests. We desire to always be alert and to pray for all the saints, especially Pastor Jackson and Lady Tara.

**God's Prayer Promise:** *"I tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go throw yourself into the sea', and it will be done. If you believe, you will receive whatever you ask for in prayer." (Matthew 21:21-22)*

### **DAY 14 - FEBRUARY 23**

Father, today we fast and persevere in prayer for Eastern Star Church, New Beginnings Fellowship Church and New Horizons Church, for this great body of believers and for expanding our territory. We pray, believing that You will provide for us just as You did Abraham. As we pray today, we are looking forward, northward, southward, eastward, and westward, believing that what You have for us, we will possess.

**God's Prayer Promise:** *"Let us approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (Hebrews 4:16)*

### **DAY 15 - FEBRUARY 24**

Father, we fast and pray, seeking Your guidance and blessing for our personal needs. Lord God, we know that Your Word is true; that You will supply all of our needs according to Your riches in glory. Lord, please help us to stand in faith and to seek Your kingdom and Your righteousness so that all we need will be added to us. Thank You in advance for all of Your provisions.

**God's Prayer Promise:** *"Every good and perfect gift is from above, coming down from the Father." (James 1:17)*



## **DAY 16 - FEBRUARY 25**

Father God, we fast and pray today for the ministries of New Beginnings Fellowship Church. Please strengthen ministry department to fulfill the mission and vision of Your church in order to support and provide the enrichment and encouragement needed by our members and the community. Lord, we pray that You will send more workers with a heart like Yours to genuinely receive and effectively serve the harvest that you have ordained by assignment to send to us.

**God's Prayer Promise:** *"Open wide your mouth and I will fill it." (Psalm 81:10a)*

## **DAY 17 - FEBRUARY 26**

Father God, today we are fasting and praying for Little Beginnings Nursery and Kingdom Kids Ministry. Lord, help us to fulfill our desire to continue to provide a nurturing environment for all children during our worship services and throughout the week. We pray for Your protection and the safety of our children, workers inside and outside of our facilities by the power of Your Blood. We thank You for those who have made the commitment to serve on this ministry team. We ask that You will convict the hearts of all who have been given the gift of nurturing and helps to minister to our children.

**God's Prayer Promise:** *"...We have confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases Him." (1 John 3:21b-22)*

## **DAY 18 - FEBRUARY 27**

Lord, we fast, pray and thank You for our stewardship as You've ordained it. We may not be equal in giving; yet we are equal in sacrifice. As evident in Your Word, You continue to honor our faithfulness and continue to do great and mighty works through us for Your glory! Father, help us to prepare our hearts to sow seeds of sacrifice on our next **Seed Sunday on May 1, 2016** in obedience to our commitment to You. By faith, we pray the prayer You gave to King David - "O Lord our God, as for all the abundance that we have provided for building You a temple for Your Holy Name, it comes from Your hand, and all belongs to You. (1 Chronicles 29:16).

**God's Prayer Promise:** *"I will tell you the truth, my Father will give you whatever you ask for in my name. Until now, you have not asked for anything in my name. Ask and you will receive, and your joy will be complete." (John 16:23b-24)*

## **DAY 19 - FEBRUARY 28**

Father, we pray today in humility. We ask for Your guidance, power, strength and wisdom so that New Beginnings Fellowship Church will be a church body of love, perseverance and faithfulness in service with the highest level of excellence, integrity and respect. Lord, help us to bear spiritual fruit and grow in the knowledge of You and obedience to Your Will. We humbly dedicate our lives to You with our whole heart.

**God's Prayer Promise:** *"Fear not for I have redeemed you; I have summoned you by name; you are mine." (Isaiah 43:1b)*

## **DAY 20 – FEBRUARY 29**

We fast and intercede for our Children and Youth. Please convict our hearts to continuously pray and demonstrate our concern for them. Lord, may we also love and nurture them unconditionally. Father, empower us to teach them spiritual truths so that they will have the fullness of You and complete understanding of Your Word so that they may know the mystery of God, namely Jesus Christ. Lord, give them the power to live in this world and not be of it. We pray that they will not be ashamed of the gospel but boldly live it out loud for You!

**God's Prayer Promise:** *"Train a child in the way he should go, and when he is old he will not turn from it." (Proverbs 22:6)*



## **DAY 21 - MARCH 1**

We fast and pray for our Multi-Media Ministry. Our desire is to obey the command from Jesus Christ to be the salt in and light to the world through the many means to express the true Gospel to the nations. "He said to them, 'Go to all the world and preach the good news to all creation' (Mark 16:15). Father, we pray that You will bless all who are a part of our Multi-Media Team: Audio, Video, Radio, Visual Presentation and Social Media. Thank you for their gifts, talents, skills, expertise and most of all, their hearts and faithfulness in service.

**God's Prayer Promise:** *"Have faith in God. Whatever you ask for in prayer, believe that you have received it, and it will be yours." (Mark 11:22, 24)*

## **DAY 22 - MARCH 2**

Father God, we pray for spiritual cleansing. Please make us an instrument of Your peace. Let us throw off everything that hinders us, and sin that so easily entangles.

**God's Prayer Promise:** *"If you remain in me and my words remain in you, ask whatever you wish, and it will be given you." (John 15:7)*

## **DAY 23 - MARCH 3**

We fast and intercede today for foreign missions and oppressed people of the world. "The Lord works righteousness and justice for all the oppressed" (Psalm 103:6). Father God, we pray for those who have been called to foreign mission fields and those who minister to oppressed people of this world. Please send provision and give them protection, strength, endurance and supernatural power as they share the gospel to the ends of the earth. "Ask the Lord, the Lord of the harvest to send out workers into His harvest field." (Matthew 9:38)

**God's Prayer Promise:** *"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven, and will forgive their sin and heal their land." (2 Chronicles 7:14)*

## **DAY 24 - MARCH 4**

We fast and intercede for the ministry facilitators of New Beginnings Fellowship Church. With thanksgiving, we pray that they will receive strength, power and insight as they persevere and minister to the people of this church and community. We pray for their families, finances, transportation, time management and complete well-being. "Remember your leaders, who spoke the Word of God to you. Consider the outcome of their way of life and imitate their faith." (Hebrews 13:7).

**God's Prayer Promise:** *"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective." (James 5:16)*

## **DAY 25 - MARCH 5**

We fast and intercede for the sick and shut-in. "The Lord will sustain him on his sickbed and restore him from his bed of illness." (Psalm 41:3). We pray for healing and restoration of those who are sick and confined to their homes. Lord, please provide the comfort and peace that only You can give.

**God's Prayer Promise:** *"But he said to me, my grace is sufficient for you, for my power is made perfect in weakness." (2 Corinthians 12:9a)*



## **DAY 26 - MARCH 6**

We pray today for the unsaved and the un-churched in our communities. Father, help us to bring the Good News of hope and the promise of eternal life to a dying world. As we lift up Your Son, may those who do not know Him desire to be saved by a faith that only comes by hearing the message we bring of Jesus Christ, our Lord and Savior. "How beautiful are the feet of those who bring good news." (Romans 8:15a)

**God's Prayer Promise:** *"He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him." (Psalm 91:15)*

## **DAY 27 - MARCH 7**

Father, we fast and intercede today for bereaved families. Lord, bless and comfort them now and in the days to come. Please, Lord, give them a peace that comes from You only and the comfort of Your Holy Spirit that You promised in Your Word. "But you, O God, see trouble and grief; you consider it to take it in hand." (Psalm 10:14). "My comfort in suffering is this: Your promise preserves my life." (Psalm 119:50). "If your law had not been my delight, I would have perished in my affliction." (Psalm 119:92)

**God's Prayer Promise:** *"We do not have a priest who is unable to sympathize with our weakness, but we have one who has been tempted in every way, just as we are - yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (Hebrews 4:15-16)*

## **DAY 28 - MARCH 8**

Father God, we fast and pray today for unmarried members and single parents. We pray that they will be imitators of God and live a life of love, just as Christ loved us and gave Himself up for us. "No temptation has seized you except what is common to man. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it." (1 Corinthians 10:13)

**God's Prayer Promise:** *"Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in Heaven give good gifts to those who ask Him!" (Matthew 7:9-11).*

## **DAY 29 - MARCH 9**

Father, we fast and pray today for the homeless and orphans. "Be joyful in hope, patient in affliction, faithful in prayer. Some wandered in desert wastelands, finding no way to a city where they could settle. They were hungry and thirsty, and their lives ebbed away. Then they cried out to the Lord in their trouble, and He delivered them from their desires. He led them by a straight way to a city where they could settle. Let them give thanks to the Lord for His unfailing love and His wonderful deeds for men. For He satisfies the thirsty and fills the hungry with good things." (Psalm 107:4-9)

**God's Prayer Promise:** *"If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." (James 1:5)*



### **DAY 30 - MARCH 10**

O God, hear our prayer for the healing of illnesses and diseases among us. Jesus, we thank You today for You were pierced for our transgressions and crushed for our iniquities; the punishment that brought us peace was upon You and by Your wounds we are healed. "Praise the Lord, O my soul, and forget not all his benefits - who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's."  
(Psalm 103:2-5)

**God's Prayer Promise:** *"The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will."* (Romans 8:26-27)

### **DAY 31 - MARCH 11**

O, Lord, hear our prayer today as we fast for those who are addicted to drugs, alcohol and other strongholds. Father, we not only pray for the restoration of these persons but we also pray for their families. We pray that as they cry out to You that You will hear them and save them from their distress. Lord, please heal their souls, bodies, minds, hearts and relationships. "Some became fools through their rebellious ways and suffered affliction because of their iniquities. They loathed all food and drew near the gates of death. Then they cried out to the Lord in their trouble and He saved them from their distress. He sent forth His Word and healed them; He rescued them from the grave. Whoever is wise, let him heed these things and consider the great love of the Lord." (Psalm 107:21, 43)

**God's Prayer Promise:** *"I urge then, first of all that requests, prayers, intercession and thanksgiving be made for everyone – for kings and all those in authority, that we may live peaceful, quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth."* (1 Timothy 2:1-4)

### **DAY 32 - MARCH 12**

Father, we pray for a closer walk with You today. ". . . you who seek God, may your hearts live." (Psalms 69:32). 'For I know the plans I have for you,' declares the Lord. 'Plans to give you hope and a future. Then you will call upon me, and come and pray to me, and I will listen to you. You will seek me with all your heart. I will be found by you, declares the Lord.' (Jeremiah 29:11-13). "Blessed are they who keep His statutes and seek him with all their hearts." (Psalm 119:34).

**God's Prayer Promise:** *"You will pray to Him, and He will hear you . . ."* (Job 22:27).

### **DAY 33 - MARCH 13**

Father God, we fast and request that Your presence will abide with us in a special way today. We desire to have intimate fellowship with You. Lord, touch our hearts in such a way that we will desire an even deeper fellowship with You and offer You our sacrifices of praise and worship. "I pray also for those who will believe in me through their message, that all of them may be one. Father, just as you are in me and I am in you, may they also be in us so that the world may believe that you have sent me." (John 17:20-21)

**God's Prayer Promise:** *"How gracious He will be when you cry for help."* (Isaiah 30:19)



## **DAY 34 - MARCH 14**

Today we fast and focus on Your invincible Truth. We thank You that Your Word holds true for us individually and corporately. We thank You that You are with us wherever our feet tread throughout this community, city, and in fact, the world in Your Name. "But now, this is what the Lord says -'Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned . . . For I am the Lord, your God, the Holy One of Israel, your Savior; you are my witnesses, "declares the Lord", that I am God. Yes, from ancient days, I am He." (Isaiah 43:1-3, 13).

**God's Prayer Promise:** *"Then you will call upon me and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you, declares the Lord . . ."*  
(Jeremiah 29:12-13).

## **DAY 35 - MARCH 15**

As we fast and pray today, Lord, it is our desire is to be Your disciples. Father God, help us to be committed to equipping believers, enriching the lives of others, evangelizing the lost and edification of missions. Thus, we will be in accordance with the mission of New Beginnings Fellowship Church as we continue to serve Your people. Lord, as we renew our commitment as Your ambassadors, please help us to stay focused on Your Will according to the vision that You have given Pastor Jackson. "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it." (Matthew 16:24-25).

**God's Prayer Promise:** *"But when you pray, go into your room, close the door and pray to your Father, who will see what is done in secret, and will reward you."* (Matthew 6:6).

## **DAY 36 - MARCH 16**

Father, we ask for Your blessings upon our Worship & Arts Department. Lord, bless the men and women of this ministry as they encourage us to worship the You with gladness and joyful songs as well in dance. "All these were men who were under the supervision of their fathers for the music of the temple of the Lord, with cymbals, lyres and harps, for the ministry at the house of God. (1 Chronicles 26:6). Lord, please continue to use them mightily as they yield their gifts to aid in the "New B Worship Experience". Lord, anoint them to set the atmosphere in such a way that Your Word goes forth with ease, clarity, power and authority.

**God's Prayer Promise:** *"Then you will call, and the Lord will answer; you will cry for help, and he will say: 'Here I am.'" (Isaiah 58:9).*

## **DAY 37 - MARCH 17**

Father God, we come before You with Prayers of Thanksgiving for the favor that You have shown on New Beginnings Fellowship Church and our extended church family, Eastern Star Church & New Horizons Church. We humbly submit ourselves to Your Will, Your plans and Your purpose for our lives and ministries. Thank You, Father, for being so good to us!

**God's Prayer Promise:** *"The Lord is far from the wicked, but He hears the prayer of the righteous."* (Proverbs 15:29)





### **DAY 38 - MARCH 18**

We fast and pray today for the land and buildings You have provided at E. 21st and N. German Church Road as well as the use of Guion Creek Middle School (4401 W. 52nd Street) as a sanctuary for Your glory. We thank You in advance and pray by faith that the vision set forth for our building projects are fulfilled here on earth as they are in heaven.

**God's Prayer Promise:** *"After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the Word of God boldly." (Acts 4:31)*

### **DAY 39 - MARCH 19**

Thank You, Lord, in advance for the harvest of souls that You will send to us to lead, disciple, love, nurture and serve in Your Name for Your glory. O God, convict our hearts that we will be a House of Prayer. Lord, fill us with prayers of worship, praise, intercession and petition that are in accordance with Your will for our lives, the church, the community and the world.

**God's Prayer Promise:** *"After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the Word of God boldly." (Acts 4:31)*

### **DAY 40 - MARCH 20**

Thank You, Lord, for hearing and answering our prayers during this season of connection! We are not the same as we were on Day 1, and we thank You for transforming us through the renewal of our minds, bodies, spirits and the life of this body of believers as it is declared in Your Word! We simply stand in awe & humility of Your greatness and declare that **YOU ARE GOD AND YOU ARE GREAT & GREATLY TO BE PRAISED!**

**God's Prayer Promise:** *"For no matter how many promises God has made, they are 'Yes' in Christ. And so through Him the 'Amen' is spoken to the glory of God." (2 Corinthians 1:20)*

